St. Elizabeth Seton Flex Sign Up

A flex block is a block of time in the school day when students have the opportunity to make decisions to guide their own learning in areas of need or interest. The goal is for students to select sessions which they want to attend.

On Thursdays, the daily class schedule for students will not run. Instead, our teachers will offer three flex blocks called "ROAR blocks". Your child will need to sign themselves up for these ROAR blocks.

What might a flex session look like at St. Elizabeth Seton

- Preview of upcoming material
- Review and/or practice of a concept
- Learning through discovery
- Enriching curriculum topics
- Cross curricular opportunity
- Develop strategies to succeed as a junior high student
- Time to try something new
- Multiple grades in one class
- Learn from different teacher

How does my Child sign up?

Sign-ups will be done through a program called PowerSchool. This requires your child's 7 digit ID number and their password. https://powerschool.ecsd.net/public/

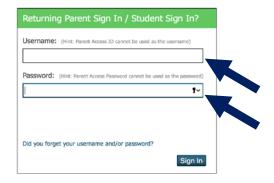
Flex sign-ups will open Monday at 3:00. Your child must select three ROAR blocks.

How do I Help my Child choose a flex session to best support their learning?

- 1) Log on to my.ecsd.net
- 2) Have your child log into the power school program. This requires your child's 7digit id number and their password.

PowerSchool

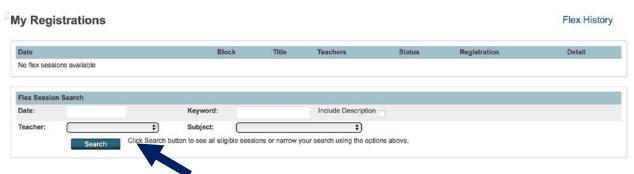




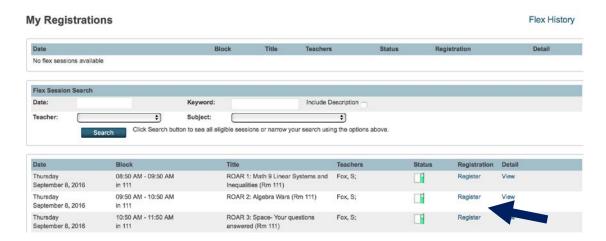
3) Use the menu along the left to select flex sessions



4) Search for flex sessions by using the Search bottom on the bottom left.



- 5) View available sessions. Review the "Tips for parents: flex registration sheet" to help your child select flex sessions to best support their learning.
- 6) To register your child for a flex session. Select the register for the particular session.



Tips for parents: Flex Registration

Just because flex is for students doesn't mean parents don't have a role. Parents can help guide their child to select the most appropriate flex sessions.

- Selecting flex sessions is something that can be done together.
- Talk to your child about their core subjects, they may mention that there is a subject they are having difficulty with. Have them register for a session in that subject area.
- Check power school to view student grades. If you notice an area where your child may need extra help, have them register for a related flex session.
- Students can sign up for flex sessions where they express extra interest
- If your child has any current or outstanding assignments, you can encourage them to register in a homework block; quite time for independent work.
- Encourage your child to sign up for sessions that best support their learning. This means not signing up for sessions because their friends are in them.
- Have your child record their flex sessions in their agenda. They should record the ROAR number, the title of the session, the teacher and the room number.
- Flex is about balance; students should sign up for a variety of sessions. For example, they should not sign up for all Phys. Ed. related flex sessions.
- Students signs-ups will open Monday at 3:00 pm.
- Student signs-ups will close at Wednesday at 9:00am. If a student is not signed up by this time their homeroom teacher will register them in flex sessions.
- At times, your child may be already registered in a flex session. This could be a
 presentation or work block where a teacher has placed your child in that session.
 Your child should be able to explain why they were registered for that session.
 For example, there is a presentation for grade 9 students about high school.