

How to Start a Collaborative Conversation with Your Child.



FACTORS THAT CAN INCREASE SUCCESS FOR AT HOME LEARNING

Your child may not be able to independently identify how they are feeling about at home learning and what factors may increase their success. This can be used as a tool to initiate a conversation regarding what your child needs to be successful during at home learning activities.

I am feeling _____ about at home learning. One thing I like about learning from home is _____. I find _____ challenging. This is new to me and my family, and we are learning together what works best for me to learn from home. One place that I think I will be able to focus best is _____. The distractions that I will need to remove to stay focused are _____. Strategies that may be helpful for me are (highlight helpful strategies):

- Taking frequent breaks
- Using a timer so I know how much time I have left to work
- Having a list of the tasks I need to complete for the work block
- Creating a weekly calendar so I can plan when I will do each assignment

My parents can support me by _____. Examples:

- Checking in on me frequently
- Looking over my work at the end of the work block
- Creating a schedule for the day
- Keeping a consistent routine each day

Things that I would like to do during my free time are _____.

